

#### Platelet-Rich Plasma and Stem Cell Therapy for Erectile Dysfunction: Characterization of Market Forces In a Major Metropolitan Area



Robert Shahinyan, James Weinberger MD MBA, Chris Shangyang, Jesse Mills MD, Sriram Eleswarapu MD PhD Department of Urology, David Geffen School of Medicine at UCLA

### Background

 Platelet rich plasma (PRP) and stem cell injections are being offered as a regenerative, second-line treatment for erectile dysfunction (ED)

## Objective

 To characterize the marketing and deployment of PRP and stem cell treatments for ED in a large metropolitan city

#### Methods

- Identified PRP and stem cell treatment providers in Los Angeles,
  CA via Google Search
  - Surveyed clinics via phone:
  - Credentials of provider administering treatment
    Pricing
  - Expected course of treatment

#### Results

Identified 25 clinics offering PRP and/or stem cell treatments in Los Angeles

- 20 clinics were included for analysis
- Average cost of treatments:
  - PRP: \$1,368 per injection
    - Range: \$800-\$2,500
  - Stem cell: \$3,817
    - Range: \$2,600-\$5,000
- Course of treatment:
  - Ranged from one treatment to indefinite number of treatments

#### Table 1.

Provider	Specialty	Qty.
MD/DO		
	Urologist	3
	Family Medicine	3
	Internal Medicine	3
	Plastic Surgery	2
	OBGYN	1
	Emergency Medicine	1
	Anesthesiology	1
	General Surgery	1
Other provider		
	Physician's Assistant	1
	Chiropractor	1
	Registered Nurse	1
	Naturopathy (ND)	1
	Unknown	1
Table 1: Providers offering platelet-rich plasma or stem cell injections for erectile dysfunction, in Los Angeles,		

# Table 1: Providers offering platelet-rich plasma or stem cell injections for erectile dysfunction, in Los Angeles, CA

#### Conclusion

## Lack of consistency and standardization in the regenerative therapy marketplace

- AUA and SMSNA classify PRP and stem cell therapy for ED as experimental
- Marketplace is driven largely by cost and demand rather than evidence-based guidelines

#### Lack of experienced practitioners in field

- Only three urologists who offered PRP or stem cell therapy for ED
- Investigative opportunity for urologists to evaluate second-line regenerative treatments