

Patient and Provider Voices in the Geriatrics Community Resources Navigator eConsult Program in the Los Angeles Health Care Safety-Net

Kevin Truong¹; Olivia Ishibashi², MD, MPP; Heather Schickedanz³, MD
¹UCLA David Geffen School of Medicine, ²UCLA Department of Family Medicine, ³Harbor-UCLA Department of Family Medicine



Background

- Health systems must optimize access to community resources to address the diverse urban aging population's complex needs in Los Angeles county.
- Since 2018, providers in the Los Angeles County Department of Health Services have used the Geriatrics Navigator Program (Geri eConsult) for telephonic navigation of geolocated, culturally appropriate, low-cost community resources for older patients and caregivers.
- To improve utilization and linkage to resources with the Geri eConsult program, feedback from stakeholders can ensure the service meets the needs of vulnerable older adults as intended.

Methods

- Our retrospective qualitative cohort study collected feedback from 1) participating patients, through telephonic interviews, and 2) participating providers, through online surveys, regarding their experience with the Geri eConsult.
- By convenience sampling, focus groups explored perceived strengths and barriers of the service with 3) providers new to the Geri eConsult service, and 4) social workers as potential Navigators.

User-friendly, virtual linkage programs for community resources can better address the social determinants of health in underserved older adult populations.



	Negative / Gap Insights	Positive Impressions	Next Steps
Patients	Low knowledge of community resources	100% would use again, was helpful	Physical mail and more follow-up
Program-Used Providers	Low knowledge of community resources	100% reported positive impact	Increase outreach of program awareness
Program-Naive Providers	Integration into clinic workflow	Niche resources for older adults	Ensure resources are updated
Navigators / Social Workers	Scalability, staffing concerns	Positive patient and care team impact	Integration of similar programs

Caregiver Support Memory Disorder Disease Management In Home Support Advanced Care Planning Transportation Financial Consulting Social Isolation Mental Health Meal Service Legal Aid Elder Abuse

Results

- 15 patients (87% ≥ 80 years old, 73% female, 73% Spanish-speaking), 16 providers, and 8 social workers were interviewed across multiple sites. All (100%) participating patients reported that they would receive the service again despite a 53% linkage rate.
- While 38% of participating providers reported that the program was easy to use, all emphasized it was useful in caring for older adult patients.
- Focus groups of program-naive providers and social workers revealed perceived strengths of enhanced patient care and integration into the electronic health record from the online portal.
- Barriers included concerns regarding resource and personnel capacity, and in integrating the program into existing clinic workflows.

Conclusions

- Patient and provider participants were satisfied with the program and found it beneficial to their health or care.
- Program-naive stakeholders identified concerns regarding workflow integration and sustainability.
- These results may help expand the program to new clinical sites geographically with improved workflows and Navigator support
- In the era of COVID-19, user-friendly virtual linkage programs for community resources may support innovative, patient-centered, and coordinated geriatrics care to better address the social determinants of health in underserved older adult populations.