# Queering Up CABs: Building an MSM Community Advisory Board from the Ground Up

Using a Logic Model for HIV Intervention Work in South Africa



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### Background

- A community advisory board (CAB) is made up of members who may share a common interest, identity, illness experience, history, language and culture [1].
- CABs have been used in Africa to raise awareness about clinical trials and help protect study participant interests [2].
- CAB members should be a part of the communities from which study participants are recruited, in this project's case: HIV-positive MSM in relationships [3].
- MSM CABs can reveal elements that are essential to creating an MSM-specific CAB, such as culturally sensitive and sex-positive materials, discussion of LGBTQ issues and history, and empowerment of participants [4,5].

## Objectives

- Conduct a literature review focused on successes, barriers, and elements of CABs in an African context and MSM/LGBTQ+ CAB design.
- Establish framework(s) that will guide the MSM CAB's scope of work for the MR project.<sup>1</sup>
- Create a logic model that charts out MSM CAB programming from development through intervention phases for the MR project.<sup>1</sup>

<sup>1</sup>Mpowered in Relationships (MR) is an NIH-funded study designed to adapt Healthy Relationships for MSM in South Africa (Daniels/Stephenson P.I.'s)

### Results

#### Inputs (Development)

- •Train research coordinator
- •Recruit CAB members
- •Deliver curriculum to CAB
- •CAB begins weekly meetings
- Introduce research
  frameworks of
  resilience (R),
  vernacular knowledge
  (VK), and critical
  pedagogy (CP) to the
  CAB

#### Inputs (Participation)

- Team-building activities
- Professional development workshops
- •Access to LGBTinclusive researcher network

## Short-term outputs (1 yr)

- •Elicit feedback on MR's<sup>1</sup> role play design
- •(VK) Have CAB identify culturally-specific behaviors, barriers, and repeated patterns which may be observed in intervention group.
- •(VK) Begin dialogue on what it means to be an LGBT+ individual in their context.
- •(R) Have CAB create a CAB branding campaign to enhance queer family building.
- •(CP) Have CAB identify movies, TV shows, and other media which critically discuss dynamics of disclosure.

## Mid-term outputs (2 years)

- •(VK) Have CAB identify scenario-specific behaviors that may arise in intervention group based on session content.
- •(CP) Identify what CAB members need to hear about from research team to provide most useful feedback.
- •(CP) Form bidirectional relationship between community and research team.

## Long-term outputs

#### (3+ years)

- •Self-sustaining CAB remains after the study completes
- •CAB can inform on future research based on community need.
- •CAB members
  develop
  confidence in their
  intersectional
  LGBT+ identities
  and their role as
  community
  leaders
- •Recruit new members and pass forward this co-learned, co-created knowledge.

### Frameworks

**Resilience (R)** = positive adaptation processes in the face of adversity which can be used as a framework for connecting with community, building familial relationships, and improving health

**Vernacular Knowledge (VK)** = culturally constructed behaviors and customs that have specific assigned and collectively created meaning.

Critical Pedagogy (CP) = bidirectional learning framework proposed by Paulo Freire which promotes exchange and legitimizes cultural knowledge

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#### Resilience-oriented Programming

- Facilitate storytelling sessions
- Art-based team-building
- Professional development and skill-building
- •Ask CAB members to identify skills they would like to learn and incorporate these into professional development sessions.
- •Elicit feedback through quarterly surveys

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